



It's Okay to Say the A-Word!: How I became an AU-some mom while happily losing my sanity along the way

Christa Jeanne

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This isn't your typical book about autism. It's a heck of a lot funnier! You won't find a lost or lonely kid on the cover, you won't find a guide telling you what to do and what not to do with your autistic child and you definitely won't find a nonsense miracle cure that will make your kid 'normal.' No, this isn't that kind of book. This is my raw, emotional but successful journey about how we battled through the never-ending maze of autism to learn just how incredibly AU-some our son truly is. Now, that's not to say it was an easy road, nor did I always embrace it, but that's what this book is about. This is my story about how I became the mom that my son needed me to be, to be his voice when he didn't have one. I wasn't always enthused by the idea about my son being different, especially when not only did I have to be a super-mom, I had to learn to be his therapist, his teacher, his advocate, and his fighter in a boxing ring with a bunch of administrators that wanted to slap a label on him and pass him down the special education assembly line. But this is our journey as a family through the crazy world of autism, from its simple but triumphant moments to the nights we cried ourselves to sleep. This is my adventure of how I became an AU-some mom while happily losing my sanity along the way. It's about how although I used to feel alone and depressed about the dreaded diagnosis of the A-word, I knew I had to use all the love in my heart for my son to fuel and drive him to succeed in a world where some would have given up on him. It's about how we took the cards we were dealt in life and made them into a winning hand, how we got back up after getting knocked on our butts time and time again, and how our love, faith and commitment to our son will continue to get us through. Consider this my hand held out to parents just like me, who sometimes need a lifeline to get them through the rough waters. I'm battling through it with you. You're not alone. Crack this sucker open, and I'll show you, it's okay to say the A-word.

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