



Short-Term Play Therapy for Children, Second Edition

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Short-Term Play Therapy for Children, Second Edition

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This volume presents a variety of play approaches that facilitate children's healing in a shorter time frame. Invaluable for any clinician seeking to optimize limited time with clients, the book provides effective methods for treating children struggling with such challenges as posttraumatic stress disorder, anxiety, disruptive behavior, mood disorders, attention-deficit/hyperactivity disorder, and parental divorce. Individual, family, and group treatment models are described and illustrated with richly detailed case examples. Featuring session-by-session guidelines, chapters demonstrate how to engage clients rapidly, develop appropriate treatment goals, and implement carefully structured brief interventions that yield lasting results.

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