

Gene LeBell's Grappling World, The Encyclopedia of Finishing Holds (2nd Expanded Edition)

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The new expanded edition of this best-selling martial arts instructional book is a must for anyone interested in learning the techniques needed to become a successful grappler. This comprehensive encyclopedia features Gene LeBell's champion student, "The Armenian Assassin" Gokor Chivichyan, and many others. It is packed with photos and illustrations, and includes a complete glossary, index, and a list of resources and products. Some admirers have called Gene LeBell, a.k.a. "The Toughest Man Alive," the deadliest man on the planet. His wife says sarcastically, "He's just from another world." LeBell wears many hats, having grown up in boxing and wrestling gyms around the world and spending a lifetime studying many of the different martial arts. LeBell has won national judo championships, wrestled professionally for over 20 successful years, announced professional wrestling on television for 15 years, and refereed professional boxing and wrestling matches all over the world.

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