



Coming Out, Coming In: Nurturing the Well-Being and Inclusion of Gay Youth in Mainstream Society

Linda Goldman

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Coming Out, Coming In: Nurturing the Well-Being and Inclusion of Gay Youth in Mainstream Society describes the process of “coming in” to a welcoming and nurturing family, from both the teen's and the parents' perspective. Linda Goldman draws on her personal and professional experience as a school guidance counselor, child and adolescent therapist, parent, and a member of the national group PFLAG to build a common language and a new paradigm for understanding sexual orientation and gender identity as a part of mainstream culture. Through the information, exercises, anecdotes, and extensive bibliography of additional resources provided in the book, parents, school administrators and educators, community groups and counselors will find the tools needed to facilitate nurturing and safe environments for our LGBT youth.

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