



The Power Within: How to Heal, Love and Design the Life You Want

Carla Necole Williams

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Could something in your past be holding you back from living the life you deserve? Most people don't realize that their past could be holding them back. A good indicator that your past is haunting you is if you keep repeating the same behaviors that seem to sabotage your plans over and over again. If you constantly feel like something is holding you back that you just can't shake, then please allow me to introduce you to your inner child. I can assure you that any hang-ups you have in your life is because you could use some inner healing. In this book, I dig deep into the three phases that may be holding you back from mastering your destiny:

- Freeing yourself from past shackles by healing your inner child.
- Increasing your emotional intelligence by learning to love, value and appreciate yourself.
- Raising your spiritual awareness to create the life you want. Only you can heal yourself because no one is coming to save you. You no longer have to be a victim of circumstance. Let me teach you how to:
- Master your inner game.
- Attract more abundance into your life.
- Transform your money mindset.
- Design your life around the things you love.

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