



I Want a New Life, and I Want It Now! 6 Steps to Reclaim Your Life (Lifestyle Design Series)

Sharyn-Lea Aiken

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"It was getting too hard; why was I always chasing my tail. Time to stop and get my life back. No time, no money, no fun!"

This is the first book by Sharyn Aiken who knew she needed to do something about her life. She did, and her life changed completely and she has not looked back since.

After Sharyn saw others going through the same thing, and realising how good her life was, she decided to help others and document the strategy she had developed.


More people helped, so why not get this into a book form?

Here it is. It took a while to get to this stage as Sharyn was happy to just have a fabulous life, a life by her own design for herself. But she knew she could not be selfish, she had to talk to others about what their life could be.

There have since been more books, programs and websites, and more and more people come to get their dose of truth talk, with quick, sharp, practical information.

This short book covers - Stop Stressing and Live; Achieve What you Want in Life or Business; Finance your Freedom, and this strategy will work in just about any area of your life.

The Happiness Lifestyle Series to Discover True Life Balance for Fun, Family, Fitness, Finances and Freedom

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From reader reviews:

Michael Duckett:

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Erin Cummins:

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Justin Pritchett:

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