



Electric Pressure Cooker Cookbook: 60 Quick, Easy, and Healthy Pressure Cooker Recipes for Electric Pressure Cookers (Pressure Cooker, Pressure Cooker Recipes)

Vanessa Olsen

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Are you one of the millions of people today trying to live a healthier life? When you go to the store, are you doing your best to avoid packaged food packed with artificial ingredients, and cook more vegetables, organic meats, and whole grains? Are you having trouble with your healthy goals? If so, you're not alone, and you don't have to despair. Pressure cooking with an electric pressure cooker is the answer to your problems. Whether the issue is time, money, or skill, an electric pressure cooker is a fast, convenient, affordable, and incredibly-easy way to make delicious, healthy meals. Electric pressure cookers have the convenience of slow cookers, but with half or even 1/3 of the cooking time. You can transform cheap ingredients like beans, cabbage, and tough cuts of meat into mouth-watering dishes everyone will love! This book, "Electric Pressure Cooker Cookbook: 60 Quick, Easy, and Healthy Pressure Cooker Recipes for Electric Pressure Cookers," walks you through the basics of using an electric cooker in addition to providing you with recipes for dishes like: -Sweet potato + sausage breakfast hash -Pulled pork with dried fruit -Honey-lemon chicken - Zucchini pesto -Cherry almond pudding cake -And more!

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William Vong:

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