



Top 10 Beginner Friendly Breakfast Recipes

Val Daye

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This book is for anyone who is tired of eating same toast with jam or a bowl of cereal each morning. If you are looking for something different and satisfying to cook in the morning, but you feel like you need some inspiration and guidance - look no further.

Eating breakfast is essential for our mental and physical well being. It helps us start the day feeling fully awake, energized, and prevents us from overeating later in the day. Nutritionists all over the world agree on importance of eating breakfast each day. Unfortunately many people skip this vital meal, or struggle with exciting and new breakfast meal ideas.

This book will enable you to prepare 10 amazingly delicious breakfast meals which are all different and unique. The Top 10 Breakfast Recipes feature pancakes with a twist, casseroles, baked oatmeal, breakfast burritos and more! The recipes vary in preparation time as well as difficulty, so you can pick a quick Croque-Monsieur for a busier morning, and enjoy a Mighty Brunch Sausage Casserole when you have an hour to spare.

Whether you like sweet or savory dishes, you will find something suitable for your taste in this collection of family favorites. This is a perfect jump-start into cooking for beginners, or anyone else out of ideas what to make for breakfast tomorrow. So let's rise, shine, and get cooking!



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