



**The PMS Coloring Book: A Stress Relieving Adult  
Coloring Book (White Edition)(PMS Relief,  
Coloring Books for Adults, Swear Word Coloring  
Book) (Adult ... Books & Swear Word Coloring  
Books) (Volume 5)**

*Cynthia Van Edwards*

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# **The PMS Coloring Book: A Stress Relieving Adult Coloring Book (White Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring Book) (Adult ... Books & Swear Word Coloring Books) (Volume 5)**

*Cynthia Van Edwards*

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## **The PMS Coloring Book**

*by Cynthia Van Edwards*

**[MATURE CONTENT]** This is a coloring book devoted to each and every woman on the planet earth who must, at some point, face the realities of P.M.S. For some it isn't a big deal, but for the other 99.96% of us... it hurts like a mother-f'er. So get out your pens, sharpies, markers, colored pencils, or lipstick and let's bring out those thoughts and feelings so that we don't murder those closest to us during that time of the month when Lucifer seems to be washing out our insides.

**It's easy to get really angry sometimes... so we started coloring swear words.** This is the *White edition*, which uses open white backgrounds so that you can make clouds or whatever the fuck you decide in the backgrounds, and when you finish your work, you're left with a really unique and beautiful piece of art.

Show your support or contempt with your pens, pencils, crayons, markers, or lipstick! The main idea with this book was to provide the colorist with brilliant and stunning images to color, but then to really shake things up by splicing in dirty quotes, swear words, clever but vulgar sayings, sh\*t like that. It's an eye raping to be sure. Only until you finish coloring each image will the true profanity take it's shape. So be brilliant you son (or daughter) of a b\*tch! Show us what you've got!

This book has been a collaborative effort between artists, designers, and psychologists. This book not only soothes you, but also increases mental stimulation. The pictures and designs may seem random at first glance, but they're anything but.

Our idea with this project was to both inspire you, and increase neuronal activity and stimulation in a way that activates very unique parts of your mind. There are fields of research suggesting that both children and

adults who work with coloring books and designs can effectively raise their IQ.

So have fun, relax, let the markers and pens do what they will, and hang on for an incredible, mind altering ride!

We hope to give the designer (you) a very introspective and mind expanding experience

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**From reader reviews:**

**Galen Dent:**

What do you regarding book? It is not important together with you? Or just adding material when you require something to explain what yours problem? How about your time? Or are you busy man? If you don't have spare time to accomplish others business, it is make one feel bored faster. And you have free time? What did you do? All people has many questions above. They have to answer that question mainly because just their can do this. It said that about guide. Book is familiar on every person. Yes, it is suitable. Because start from on jardín de infancia until university need this particular The PMS Coloring Book: A Stress Relieving Adult Coloring Book (White Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring Book) (Adult ... Books & Swear Word Coloring Books) (Volume 5) to read.

**Ann Bland:**

A lot of people always spent their particular free time to vacation or go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you would like try to find a new activity this is look different you can read the book. It is really fun to suit your needs. If you enjoy the book you read you can spent 24 hours a day to reading a publication. The book The PMS Coloring Book: A Stress Relieving Adult Coloring Book (White Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring Book) (Adult ... Books & Swear Word Coloring Books) (Volume 5) it is extremely good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. In case you did not have enough space bringing this book you can buy the e-book. You can m0ore simply to read this book from a smart phone. The price is not very costly but this book features high quality.

**Robert Alleman:**

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**Ronald Ruggles:**

Do you like reading a guide? Confuse to looking for your chosen book? Or your book has been rare? Why so many concern for the book? But just about any people feel that they enjoy with regard to reading. Some people likes studying, not only science book but additionally novel and The PMS Coloring Book: A Stress Relieving Adult Coloring Book (White Edition)(PMS Relief, Coloring Books for Adults, Swear Word

Coloring Book) (Adult ... Books & Swear Word Coloring Books) (Volume 5) as well as others sources were given understanding for you. After you know how the good a book, you feel desire to read more and more. Science reserve was created for teacher or perhaps students especially. Those textbooks are helping them to include their knowledge. In additional case, beside science book, any other book likes The PMS Coloring Book: A Stress Relieving Adult Coloring Book (White Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring Book) (Adult ... Books & Swear Word Coloring Books) (Volume 5) to make your spare time much more colorful. Many types of book like this one.

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