



Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation

Ian McCabe

Download now

[Click here](#) if your download doesn't start automatically

Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation

Ian McCabe

Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation Ian McCabe

“Show me a drunk and I’ll show you someone in search of God”, is a saying that could be derived from Carl Jung. Jung wrote to Bill Wilson, founder of Alcoholics Anonymous (A.A.), about his understanding of Rowland Hazard’s alcoholism: “His craving for alcohol was the equivalent, on a low level, of the spiritual thirst of our being for wholeness, expressed in medieval language: the union with God”. This book marries the writings of Carl Jung and Bill Wilson, and develops the idea that alcoholism is, primarily, a spiritual illness.

The author visited the archives of the headquarters of A.A. in New York, and discovered new communications between Carl Jung and Bill Wilson. For the first time this correspondence shows Jung’s respect for A.A. and in turn, its influence on him. In particular, this research shows how Bill Wilson was encouraged by Jung’s writings to promote the spiritual aspect of recovery as opposed to the conventional medical model which has failed so abysmally.

The book overturns the long-held belief that Jung distrusted groups. Indeed, influenced by AA’s success, Jung gave “complete and detailed instructions” on how the A.A. group format could be developed further and used by “general neurotics”.

Wilson was an advocate of treating some alcoholics with LSD in order to deflate the ego and induce a spiritual experience. He wrote to Jung for his comments on this controversial idea. Jung was stridently opposed to “short cuts”, to transcendent experiences, however he died before he could reply to Wilson’s comprehensive letter.

The author explains how alcoholism can be diagnosed and understood by professionals and the lay person; by examining the detailed case histories of Jung, the author gives graphic examples of its psychological and behavioral manifestations.

By combining the narratives of recovering alcoholics with a Jungian perspective, the author explains how the program of the 12 steps can lead to a journey of spiritual awakening or in Jungian terms, individuation. This book explains in plain words the language of A.A. and takes the reader inside a meeting to show how it works in practice.

The final chapter deals with the criticism that both organizations have “cultish” aspects.

 [Download Carl Jung and Alcoholics Anonymous: The Twelve Ste ...pdf](#)

 [Read Online Carl Jung and Alcoholics Anonymous: The Twelve S ...pdf](#)

Download and Read Free Online Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation Ian McCabe

From reader reviews:

Leta Welter:

Spent a free time and energy to be fun activity to do! A lot of people spent their spare time with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Might be reading a book could be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to test look for book, may be the guide untitled Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation can be excellent book to read. May be it could be best activity to you.

Stephanie Gilley:

In this time globalization it is important to someone to obtain information. The information will make you to definitely understand the condition of the world. The condition of the world makes the information better to share. You can find a lot of references to get information example: internet, magazine, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. Typically the book that recommended to your account is Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation this publication consist a lot of the information of the condition of this world now. This specific book was represented how do the world has grown up. The language styles that writer use for explain it is easy to understand. The actual writer made some investigation when he makes this book. This is why this book appropriate all of you.

Ann Fortune:

A lot of book has printed but it is unique. You can get it by world wide web on social media. You can choose the top book for you, science, amusing, novel, or whatever simply by searching from it. It is known as of book Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation. You can contribute your knowledge by it. Without leaving behind the printed book, it may add your knowledge and make anyone happier to read. It is most critical that, you must aware about guide. It can bring you from one destination for a other place.

Rachel Kaufman:

Reading a book make you to get more knowledge from it. You can take knowledge and information from your book. Book is written or printed or outlined from each source in which filled update of news. With this modern era like currently, many ways to get information are available for an individual. From media social similar to newspaper, magazines, science publication, encyclopedia, reference book, fresh and comic. You can add your knowledge by that book. Are you ready to spend your spare time to open your book? Or just searching for the Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of

Individuation when you needed it?

**Download and Read Online Carl Jung and Alcoholics Anonymous:
The Twelve Steps as a Spiritual Journey of Individuation Ian
McCabe #28Z51YBEK9U**

Read Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe for online ebook

Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe books to read online.

Online Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe ebook PDF download

Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe Doc

Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe Mobipocket

Carl Jung and Alcoholics Anonymous: The Twelve Steps as a Spiritual Journey of Individuation by Ian McCabe EPub