



Making Contact: The Therapist's Guide to Conducting a Successful First Interview

Leah M. DeSole Ph.D., Alyson Nelson, Laura L. Young

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Making Contact: The Clinician's Guide to Conducting the Successful First Interview is a **practical handbook which prepares professionals for a critical moment in their training: the first time they meet alone with a new patient.**

Knowing how to conduct the first interview, often overlooked in professional training, is fundamental to the foundation of a trainee's clinical skills. This practical resource will be useful to trainers, supervisors, and teachers in the helping professions--especially those who are working intensely with several interns and want to provide them with basic clinical practice instruction.

Trainers can use this guide as a primer to prepare interns for working on-site in their placements, externships, or rotations before they meet clients for the first time. **Supervisors** can use this guide to stimulate and guide discussions with supervisees prior to their first client contact. **Teachers** can use this guide in their preparation for individual interviewing courses, skills courses, and fieldwork classes. **Clinicians in training** can use this guide to obtain behind the scenes knowledge of how to be an effective therapist and practically prepare for the first interview.

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