



Cómo ser Feliz.: Visualiza tu futuro ideal (Spanish Edition)

Jorge Rodriguez Martin

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Un libro práctico, con 7 acciones para vencer el miedo y vivir la vida que deseas. Empieza a diseñar tu mejor futuro HOY. Aprende a transformar las creencias que te frenan por creencias poderosas que te impulsan.

Cambia la percepción de ti misma. Tienes más fuerza y poder de lo que crees, yo puedo ayudarte a mejorar tu imagen interior y exterior. Vas a amarte por encima de todo, aumentar tu energía vital y ser más productiva. Estoy hablando a tu corazón, te ayudo a tomar decisiones, pensar menos y actuar más.

No pienses, HAZLO.

¿Cuánto tiempo seguirás aplazando tus sueños?

Yo los estoy cumpliendo, uno tras otro. Entrena conmigo.

Soy Jorge, escritor y coach en www.yodeseoserfeliz.com

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