



Betty Groff Cookbook

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From the front flap of this 144 page book: "Written from the heart and soul, this book passes on a traditional way of life as well as some of the best Pennsylvania German country recipes. With vivid memories of her childhood, Betty Groff recalls the ways of family farm life among the 'plain people' of Lancaster County, Pennsylvania. The recipes for the delicious food from her family's kitchen have been passed down and perfected by Betty's decades of experience as a restaurateur. Basics, light fare, and exquisite traditional main and dessert dishes are easily prepared from Betty's easy-to-follow recipes using plenty of garden vegetables and fresh fruits. Tested by groups of guests invited to her kitchen, the recipes in this book continue Betty's culinary tradition, providing the tastes her legion of fans have come to expect. Beloved for preserving Pennsylvania German culinary arts, this book presents the best of Betty's stories and recipes in her tradition. [This book] is illustrated with food photographs and Lancaster County scenes by award-winning photographer Blair Seitz. And Diane Stonebeck, food writer at Allentown, Pennsylvania's 'Morning Call' has written Betty's stories and recollections."

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From reader reviews:

Oliver Crites:

Playing with family within a park, coming to see the coastal world or hanging out with good friends is thing that usually you will have done when you have spare time, and then why you don't try thing that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Betty Groff Cookbook, you may enjoy both. It is excellent combination right, you still would like to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't understand it, oh come on its identified as reading friends.

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