



Mind-Body Therapy: Methods of Ideodynamic Healing in Hypnosis

David B. Cheek M.D., Ernest L. Rossi

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A remarkable collaboration between psychologist Rossi and gynecologist-obstetrician Cheek, this book guides and empowers therapists and patients to find the keys to their own health and well-being through therapeutic hypnosis.

Hundreds of engaging case reports from Cheek's forty years of clinical work bring the theory of mind-body therapy to life, while Rossi's chapters link Cheek's often intuitive work to the latest research in psychobiology.

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