



Swim: Why We Love the Water

Lynn Sherr

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Swim is a celebration of swimming and the effect it has on our lives. It's an inquiry into why we swim—the lure, the hold, the timeless magic of being in the water. It's a look at how swimming has changed over the millennia, how this ancient activity is becoming more social than solitary today. It's about our relationship with the water, with our fishy forebearers, and with the costumes that we wear. You'll even find a few songs to sing when you push out those next laps.

Swimming enthusiast Lynn Sherr explores every aspect of the sport, from the biology of swimming to the fame of Esther Williams; from turquoise pools and wild water to the training of Olympians; and she reveals the secret of buoyancy so that anyone can avoid the example of the English poet Percy Bysshe Shelley, who lamented, “Why can't I swim, it seems so very easy?” When his friend, the biographer Edward John Trelawny, said, “because you think you can't,” Shelley plunged into Italy's Arno River and dropped like a rock. With *Swim*, you can avoid that happening to you.

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Kelli Valverde:

This Swim: Why We Love the Water book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is definitely information inside this publication incredible fresh, you will get info which is getting deeper an individual read a lot of information you will get. That Swim: Why We Love the Water without we comprehend teach the one who reading through it become critical in pondering and analyzing. Don't be worry Swim: Why We Love the Water can bring once you are and not make your bag space or bookshelves' turn out to be full because you can have it within your lovely laptop even mobile phone. This Swim: Why We Love the Water having great arrangement in word along with layout, so you will not truly feel uninterested in reading.

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