



# Relieve Stress & Anxiety: A Subliminal/Self-Hypnosis Program (Subliminal Persuasion Self-Hypnosis)

*Barrie Konicov*

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## **Relieve Stress & Anxiety: A Subliminal/Self-Hypnosis Program (Subliminal Persuasion Self-Hypnosis)**

Barrie Konicov

Science shows that stress, illness and disease are tied together. For a healthier, happier life, you must learn to control your feelings and care for your body. Barrie Konicov will guide you to a greater understanding of health, stress and recovery. Live a fuller life with **Relieve Stress and Anxiety** Self Hypnosis Subliminal Persuasion recording.

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