



# The Drug Conversation: How to Talk to Your Child About Drugs

*Owen Bowden-Jones*

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# The Drug Conversation: How to Talk to Your Child About Drugs

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## **The Drug Conversation: How to Talk to Your Child About Drugs** Owen Bowden-Jones

- Provides parents with clear, up to date, accurate information about psychoactive drugs and their effects.
- Gives practical advice on how to have the conversation with your child including examples of actual conversations between parents and teenagers.
- Contains many case studies from the author's own clinical practice to illustrate the points made.
- Covers: what drugs are, who uses them and why; how drugs work in the brain, the problems caused and the best available treatments; how teens use drugs; synthetics (legal highs); and how to detect if your child is using drugs and what to do about it.
- Summary of key points at the end of each chapter. Each chapter can stand alone so readers can dip in as necessary, or read the whole book for the full picture.
- All parents will need this book at some stage this will help them feel informed about drugs, more confident in talking to their child, more able to avoid drug-related problems developing and better equipped to tackle problems if they do arise.

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