



Essential Oils: 30 Homemade Natural Toothpaste Recipes To Keep Your Teeth Healthy

Adrienne Rich

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Essential Oils (FREE Bonus Included)

30 Homemade Natural Toothpaste Recipes To Keep Your Teeth Healthy

Essential oils have been around for centuries, and with good reason. They are excellent for your health, easy to obtain, and make nearly everything you can imagine a little bit better. It's no wonder that from the earliest recorded time man has been using essential oils for all kinds of purposes.

While you may be familiar with essential oils for aroma therapy, there are many, many more uses to them than just that. Sure, there are those that argue essential oils even used medicinally are still used by aroma therapy, there is plenty of evidence to support otherwise.

Essential oils are excellent for cleaning agents, antiseptic agents, and even antibacterial or antifungal reasons. All of this combined makes them the perfect candidates for toothpastes. That's right. You can make all kinds of toothpastes out of essential oils, and get the same results you get out of the store bought toothpastes you have been using all these years.

While you may feel skeptical at first, let me assure you that there are so many benefits to essential oils, a toothpaste made out of them is going to have even more health benefits than just being good for your teeth.

Let this book be your handy guide when it comes to essential oils, and immerse yourself in the health benefits that will follow!

- Make toothpaste recipes that are better than what you can purchase in the store
- Eliminate the other ingredients you find in other toothpastes that you don't want to put in your body
- Have fun and explore different benefits and flavors for your own unique needs
- Make a variety of toothpastes for the maximum amount of benefits
- Whiten, brighten, and cleanse from the inside out
- And more!

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