



Ever Upward: Overcoming the Lifelong Losses of Infertility to Define Your Own Happy Ending

Justine Froelker

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“When are you having kids?”

“Why don’t you just adopt?”

These innocent, well-meaning questions everyone asks couples, especially women of a certain age. To those 1 in 8 couples who undergo infertility treatments, these questions do not feel at all innocent or well-meaning, but invalidating to the battle they’re fighting and the difficulty and pain involved in the adoption process.

"Ever Upward" is Justine Froelker’s surprising story of triumph over terrible luck. This is the story of how Justine redefined her childless life and learned to be okay, whole and happy with a full childfree life. "Ever Upward" is a story that resonates with many: a story of pain, struggle, recovery, triumph and acceptance. Ever Upward fills the current gap on the infertility bookshelf, providing a voice to those silenced by infertility, opening the conversation to the other side asking for understanding and acceptance of the path that sadly doesn’t include children; challenging us all to consider more than one happy ending.

"Ever Upward" is Justine’s story, and yet it is every woman’s story, mother or not, because behind the wall of shamed silence, the smile and “I can do everything” attitude lies millions of women suffering with the pain of infertility. Join Justine as she shows us that the connection to our stories is the only way back to the truth of who we are.

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